100 years since the Great Kanto Earthquake!

Conductina disaster

日(日) 午前9時

Starts at 9:00 am on Sunday, November 5!

号棟、4階エレベーターホールに集合!

Please assemble at near 4th floor elevator at each building

9時から、各号棟4階エレベーターホールにて、 水害発生を想定した訓練を実施します。

Starting at 9:00 a.m., we will conduct a drill hypothesizing a flood disaster in the elevator hall on the 4th floor of each building.

訓練設定:大型台風の影響で荒川が氾濫危険水位 を超え、大島全域に「避難指示」が出ている。電 気・ガス・水道のライフラインは生きている設定。 Drill: Due to the effects of a large typhoon, the Arakawa River has exceeded the flood danger level, and an "evacuation order" has been issued throughout Ojima. Lifelines such as electricity, gas, and water are set to be affected.



参加者の協力を得て号棟ごとに 「災害対策本部」を作る

本部」設置を宣言する

(参加者にリボンを配布)



Create a "disaster countermeasures headquarters" for each building with the cooperation of the volunteers

- · Declare the establishment of a "Disaster ・号棟ごとに責任者を決め「災害対策 Countermeasures Headquarters" by choosing a person in charge for each building ・参加登録を行い、参加者名簿を作る
 - · Register for participation and create a list of volunteers (distribute ribbons to volunteers)



Last year's emergency toilet assembly training

新しく江東区より納品された 「非常用トイレ」の 組立設営訓練



Assembly and setup training for the newly delivered "emergency toilet" from Koto Ward



2階、3階の居住者の安否確認 (災害発生時には4階以上に 避難誘導)



CConfirm the safety of residents on the 2nd and 3rd floors (in the event of a disaster, guide evacuation to the 4th floor or above)



Last year's safety confirmation training

午前9時45分 中央広場へ避難誘導訓練

9:45 a.m. Evacuation guidance drill to central plaza



9時45分に 消防車が サイレンを 鳴らします!

消防車のサイレンを合図に、各号棟 4 階エレベー ターホールから中央広場に移動(避難誘導訓練) At 9:45 a.m., a fire engine will sound its siren.

Using the siren as a signal, move from the elevator hall on the 4th floor of each building to the central plaza (evacuation guidance training)

昨年度の非常用トイレ組立訓練

10時から、中央広場にて地震災害発生を想定して、 初期対応訓練を実施します。

Starting at 10 a.m., an initial response drill will be held at the central plaza in preparation for an earthquake disaster.

訓練設定:震度6弱の地震発生。団地建物に被害は少な いが、屋内は家具の転倒等被害が出ている。居住者は自 宅避難の設定。(電気・ガス・水道のライフライン全て 止まっている。エレベーター、トイレは使えない設定)

Drill: An earthquake with a seismic intensity of lower 6 occurred. There was little damage to the buildings in the housing complex, but there was some damage to the interiors, including overturned furniture. Residents are asked to evacuate to their homes. (All electricity, gas, and water utilities have been shut down. Elevators and toilets cannot be used.)

2023年度防災訓練マッフ

2023 disaster prevention training map

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午前10時00分 中央広場に集合 10:00 a.m. Gather at the central square



中央広場に号棟ごとに 整列。参加人数により 5つのグループに分か れ、中央広場に準備さ れた5つの訓練に参加 する。各訓練12分ずつ、 時計回りに参加する。



Line up in the central plaza by building number. Participants will be divided into five groups based on the number of participants and will participate in five training sessions set up in the central plaza. Participate in clockwise rotation for 12 minutes each.

- ・消火による初期消火訓練
- ·AED、心肺蘇生訓練
- ・煙体験・災害備蓄品の展示
- ・ベランダ境界壁破壊訓練
- Initial fire extinguishing training using a fire extinguisher
- · AED, cardiopulmonary resuscitation training
- Smoke experience
 Disaster stockpile display
- · Balcony boundary wall destruction training

午前11時00分 消防団の放水訓

11:00 a.m. Observation of fire department water spray training



参加者全員、4号棟前 に移動。消防団の放水 訓練を見学する。



All participants moved to the front of **Building 4. Observe the fire brigade's** water spray training.

午前11時15分 号棟ごとに参加報告 11:15 a.m. Participation report for each building



中央広場で号棟ごとに 整列し、号棟ごとに責 任者が実施できた訓練 内容を発表する。



People line up by building number in the central plaza, and the person in charge of each building announces the training content they were able to carry out.

午前11時25分 城東消防署大島出張所 11:25 a.m. High praise from the Joto Fire Department Oshima Branch Chief



城東消防署大島出張所 長の講評、6丁目団地 災害協力隊長挨拶。



High praise from the Joto Fire Department Oshima branch chief and speech from the 6-chome housing complex disaster

cooperation team leader

午前11時35分参加記念品配布 11:35am Distribution of souvenirs for participation



3号棟集会所前で参加記 念品をリボンと交換で受 け取り、解散する。



Receive ribbons and commemorative gifts in front of the meeting hall in Building 3, and then disperse.

雨天決行!Rain or shine!

災害は天候に関係なく発災します。Disasters occur regardless of the weather.

雨天の場合は室内で行える訓練を、各号棟4階及び3号棟集会所内でおこないます。 In the event of rain on the day of the event, indoor training will be held on the 4th floor of each building and in the assembly hall of Building 3.

災害用トイレ袋の共同購入のお知らせ Notice of joint purchase of disaster toilet bags

体験訓

簡易トイレ袋 1箱20枚入り

会員価格 2,500円 非会員価格 2,800円 Simple toilet bags, 20 bags per box,

member price: 2,500 yen, non-member price: 2,800 yen 申込は、別途配布する申込書に記入し、

自治会事務所または自治会ポストに投函してください。 To apply, please fill out the separately distributed application form and mail it to the Neighborhood Association office or Neighborhood Association mailbox.

申込期間 Application period: 11月4日~14日 お渡し期間 Delivery period: 11月25日~12月4日 商品は代金と引き換えでお渡しいたします。

We will deliver the product in exchange for payment.